

13125 SW Hall Boulevard, Tigard, Oregon 97223 • www.tigard-or.gov/police

## December 6, 2022

CONTACT:

Kelsey Anderson, Public Information Officer

Phone: 971-708-2921

Email: Kelsey.Anderson@tigard-or.gov

## MEDIA INVITED: LIFE-SAVING REUNITING EVENT

WHEN: Tuesday, Dec. 6<sup>TH</sup> please arrive between 9:30-9:45AM, event starts at 10AM (If you plan to attend, please RSVP so we know to expect you.)

WHERE: Tigard Police Dept. (13125 SW Hall Blvd, Tigard, OR 97223)

On the morning of September 7<sup>th</sup>, Mark Houston was talking with friends when he suddenly fell to the ground. He was in cardiac arrest and had stopped breathing. Those friends started CPR and called 911 for help.

Tigard Police Officer Brian Orth arrived within 90 seconds and took over CPR for the next two minutes as crews with TVF&R arrived and set up medical equipment. TVF&R then continued CPR and other life-saving measures for the next several minutes

Thankfully, Mr. Houston was revived at the scene and began breathing on his own. He was taken to the hospital for treatment, where he underwent surgery. He is now home and feels better than he has in a long time.

"I get up every morning to see the sunrise and I'm just so thankful I get to see it," he said.

Officer Orth was later presented with a Tigard Police Life Saving Award for his efforts, marking his 5<sup>th</sup> such award in his time with TPD.

On the eve of the 3-month mark since his collapse, you're invited to join us as Mr. Houston meets with the people who helped save his life for the first time and encourages everyone to take CPR training to potentially save someone else's life in the future.

###