



Meals on Wheels: Hope at Home Volunteer

Are you looking for a fun way to volunteer from home? Partner with Meals on Wheels and volunteer with their Hope at Home program!

The MOW Hope at Home Program is completely autonomous from the Tigard Public Library's volunteer program. However, we believe in the importance of supporting other community agencies, especially during a public health crisis. Volunteers Coordinator Katie will sign off on service-learning hours through this program.

How You Will Make a Difference

Participating in the Hope at Home program will bring Tigard residents comfort and joy during troubling times. It will also help spread awareness about the Meals on Wheels organization and the multifaceted ways to help vulnerable communities within Tigard.

Volunteers need to:

- Sign up on under “Volunteer with a Community Agency” on VicNet.
- Follow Meals on Wheel’s instructions, which can be found here: <https://www.mowp.org/volunteer/>
- Full description from website: *“Spread hope and joy to older adults in our community by creating cards and artwork for us to deliver with a meal. This is a great activity for children, families and people of all ages! Send your card or artwork to: Meals on Wheels People, 7710 SW 31st Avenue, Portland OR. 97219. Share videos and pictures of your family making their masterpieces! Post on Facebook or Instagram and tag us with #HopeAtHome #mealsonwheels #mowp #feedingseniors”*
- Fill out a Volunteer Reflection form and send to Volunteer Coordinator Katie.

Benefits

- Promotes community connectivity and communication.
- Helps vulnerable communities within Tigard.
- Spreads happiness and cheer.

Commitment/Schedule

Volunteers will receive service hours for the amount of time it takes them to write and create for the Hope at Home project. Be sure to fill out a Volunteer Reflection Form and send it to Katie.